

TELEMEDICINE

TeleMedicine is medical care Dr. Sanders provides remotely via electronic means.

1. Video conference (by appointment only)

For a secure live [video conference](#) with Dr. Sanders, first [book an appointment](#) online. Please check in on your computer or smartphone five minutes before your appointment to ensure your sound and video are functioning properly. Be sure you are seated in a quiet, well-lit space where you will have complete privacy and people nearby understand not to interrupt you during the session. Allow 30 minutes. If you have any of the following, please have them readily available at your side:

- electronic thermometer
- blood pressure cuff
- flashlight

2. webVisit® (no appointment necessary)

For secure messaging to Dr. Sanders' office, log on to our web [portal](#) and click on *Messages*. Then, to describe a specific health care need you want conveyed directly to Dr. Sanders, select the **webVisit®** link and fully provide the requested information.

Caution: **Do not use the *Compose* link for medical problems.** It is for messages regarding administrative matters such as billing questions or updates to your insurance policy, for example. Those messages do *not* go directly to Dr. Sanders. They go to the front office. **Use the *webVisit®* link for medical problems.** It is specifically designed for you to quickly and directly give Dr. Sanders the comprehensive information she needs to provide for your care.

Notes:

NEVER USE TELEMEDICINE FOR A MEDICAL EMERGENCY. In an emergency, call 9-1-1.

TeleMedicine is restricted to established patients only. Please do not attempt to use TeleMedicine if Dr. Sanders has never seen you in her office.

TeleMedicine is limited in scope. Dr. Sanders may determine an office, urgent care, or emergency room visit is required to properly address your medical issues.

TeleMedicine services incur fees which may not be covered by your insurance policy. Check with your insurance carrier for coverage details.